

Planning for **Surgery?**

Prepare for Surgery
and Recovery. **Your way.**

With Goldfinch Health, you'll unlock leading support and methods designed to help you take control of your recovery journey:



Empowered Recovery:

Take control of your healing process with the **Prepared for Surgery Tool Kit**.



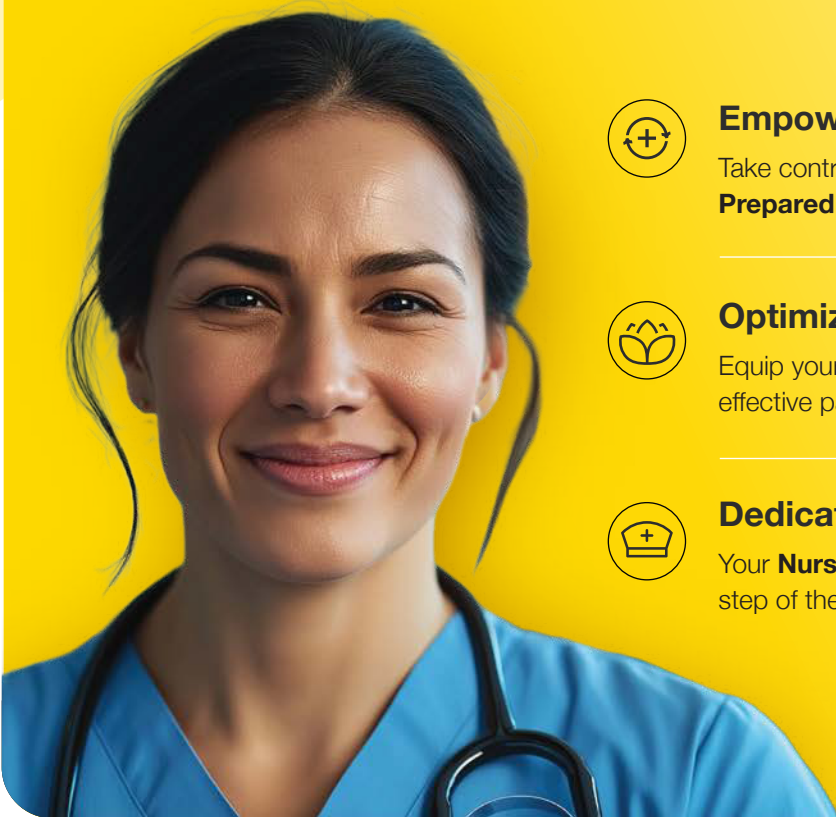
Optimized Pain Management:

Equip yourself with **science-based techniques** for more effective pain relief while minimizing opioid risk.



Dedicated Support:

Your **Nurse Navigator** will be by your side through every step of the process to provide personalized care.



To learn more, visit
my.goldfinchhealth.com

How can you **get started** **with Goldfinch?**

Your plan offers you **no-cost access to Goldfinch Health** to help you and your family make informed decisions about surgery and recovery.



TO GET STARTED VISIT:

my.GoldfinchHealth.com

Contact us at: **Hello@GoldfinchHealth.com**
or call **833.GLD.FNCH** (833.453.3624)

INCLUDED:

Prepared for Surgery Tool Kit.

This Tool Kit contains specially selected items backed by clinical research proven to reduce the discomfort of surgery and improve your recovery!



With you every step of the way.